



YMCA EXETER

WE'RE RECRUITING!

TRAINEE HIGH INTENSITY CBT PRACTITIONER FOR CHILDREN AND YOUNG PEOPLE

1 x Full-time (37.5 hours per week), Salary - £23,700

Fixed-Term Contract from 10th January 2022 until 6th January 2023 with the possibility of the role continuing beyond this, dependent on funding.

We are looking for an exceptional individual to undertake and complete the CYP IAPT CBT course at University of Exeter whilst providing High Intensity CBT interventions treatment to children, young people and their families. The post holder is responsible for providing comprehensive, holistic psycho-social assessment and interventions, which includes a CBT focus, for children and adolescents presenting with mental health difficulties, and their families/carers.

The post holders will work within YMCA Exeter as part of a multi-disciplinary team. This team delivers, under supervision, high quality, outcome-informed, focused, evidence-based interventions for children and young people - particularly children and young people experiencing, moderate - high anxiety and depression. The training and service experience will equip the post holders with the necessary knowledge, attitude and capabilities to operate effectively within the wider service.

Trainees need a basic foundation in CBT as well as a minimum of two years FT experience in MH settings, a minimum of a two-year gap between other Health Education England funded courses e.g. CWPs, a degree or degree level qualification and a core profession listed here <https://babcp.com/Accreditation/Provisional-Accreditation/Core-Professions> or to meet the BABCP KSA/Core professional equivalency as outlined here <https://babcp.com/Accreditation/Provisional-Accreditation/Knowledge-Skills-and-Attitudes>

As a Christian organisation, YMCA Exeter is inspired and motivated by our faith in Jesus and the hope and love he has given us. The successful candidates will be committed to the Christian faith, able to fully support and promote the ethos of YMCA Exeter and actively take part in the spiritual mission of our work.

We provide training and support to help you develop your expertise. As part of YMCA Exeter's commitment to safeguarding young people, these roles will be subject to an enhanced DBS checks.

Please download an application pack from our website www.ymcaexeter.org.uk and see the Job Description and Person Specification for further information or contact us by emailing office@ymcaexeter.org.uk or calling 01392 410530.

To apply for the post, please email your application and a covering letter stating how you think you meet the person specification to office@ymcaexeter.org.uk.

Closing date for applications is 9am on Wednesday 8th December 2021 with interviews taking place during wc 13th December 2021