

Annual Report and Independently Examined Financial Statements for the Year Ended 31 March 2026

YMCA Exeter Community Projects

Company registration number: 09437425

Charity registration number: 1162431



Here for young people
Here for communities
Here for you

YMCA EXETER COMMUNITY PROJECTS

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REFERENCE AND ADMINISTRATIVE DETAILS

CHAIR

Louise Glanville

TRUSTEES

William McDermid

Paul Lambdin

Tom Morrish

Emma White

Louise Glanville

Jonathan Snicker

Benjamin Fenton

Nicola Buckley

Alistair Whitmoor-Pryer

David Martin

Lucy Herring

CHARITY REGISTRATION NUMBER

1162431

COMPANY REGISTRATION NUMBER

09437425

REGISTERED OFFICE

39/41 St David's Hill

Exeter

Devon

EX4 4DA

INDEPENDENT EXAMINER

Westcotts (SW) LLP

Timberly

South Street

Axminster

Devon

EX13 5AD

ACCOUNTANTS

Westcotts

Timberly

South Street

Axminster

Devon

EX13 5AD

MEET THE JOINT CHIEF EXECUTIVES

GARETH SORSBY



Gareth began working at YMCA Exeter Community Projects in 2010. Having been home-educated for 4 years through his teenage years, Gareth left education early and commenced work at 15. With a can-do attitude and willingness to try anything Gareth tested many different work sectors before landing in hospitality and working his way up through the ranks from bar man to General Manager at a 4* Cornish hotel. Starting employment at YMCA Exeter as a work coach helping young people and ex-offenders into employment, Gareth went on to develop and deliver adult education courses within the prison system before turning his hand to youth and communities' work. Gareth strongly believes in the importance of early intervention, whole-family approaches, and genuine collaboration. With over 20 years of leadership experience and a love for developing new talent, Gareth takes strategic responsibility for YMCA Exeter's People and Culture department, ensuring we build a workforce fit for our future.

SI JOHNS

Si began working at YMCA Exeter Housing Association in 2002 as an Assistant Housing Manager, with a background in youth work and social work. An expert in the benefits system, tribunals and disability training, Si is also a Full Chartered Member of the Chartered Institute of Housing.



WELCOME

This year has once again tested what it means to hold hope steady in the face of real need — and once again, the people of YMCA Exeter have risen to it. Guided by our Christian faith, and carried by the generosity of our donors, volunteers and church partners, we have continued to walk alongside children, young people and families across Exeter and the wider region who are navigating anxiety, isolation, family breakdown and the simple, daily struggle to belong. Every project in this report begins from the same conviction: that every person is of infinite worth, made in the image of God. That belief shapes how we welcome people of every faith and none, how we listen before we act, and how we measure success — not only in numbers, but in the quiet, hard-won moments when a young person feels safe enough to try again.

As we move into the new financial year, we do so with gratitude for what has been achieved and with trust in God's provision for what lies ahead. The prayers, resources and generosity of our community of supporters continue to widen our reach and deepen our impact.

This report sets out the milestones we have reached together and the lives that have been changed through our shared work. It also looks forward to the priorities of the coming year, as we continue to create opportunities, strengthen lives and offer hope to children, young people and families across our region.



PROJECTS THROUGHOUT THE YEAR

Throughout 2025/26, YMCA Exeter Community Projects has continued to invest in programmes that help children, young people and families thrive. Working across Exeter and the surrounding communities, our teams have delivered a diverse range of interventions including open-access youth work, therapeutic outdoor learning, family support, mental health services and early intervention projects.



During the year we supported more than 700 children and young people through services designed to improve wellbeing, strengthen resilience and create opportunities for positive relationships. While each project has its own unique focus, they are united by a shared commitment to helping people flourish emotionally, socially and spiritually.

One of the most encouraging developments this year has been the continued strengthening of our financial sustainability. Around 80% of Community Projects income is now secured through contracts, commissioned services and long-term partnerships, with only around 20% relying on grant funding. This growing diversity of income enables us to plan further ahead, invest confidently in our staff and continue developing services that respond to emerging needs across Devon.

KEY STATISTICS 2025-26

Headline figures across our Community Projects work this year, shown here as a visual summary for the report.



700+

children & young people supported across all Community Projects

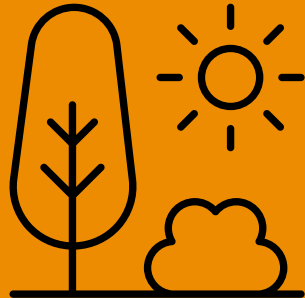
259



children and young people receiving therapeutic support, within our Children and Young People's Wellbeing Service

64

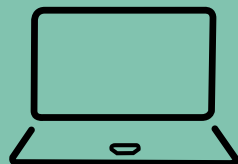
re-engaged with education across 3 forest school locations



80%

sustainable income funded through long-term contracts and partnerships rather than grants

181



referrals received for Children and Young People's Wellbeing Service



4

young volunteers developed at our youth clubs

KEY STATISTICS 2025-26



50

people attending toddler groups hosted by our family work every week

42

individuals supported through Rural Skills group interventions



217



young people supported through 1-1 therapy, from the Childrens and Young People Wellbeing Service



30-59

monthly attendees at our Family Work-hosted Messy Church

170

young people supported through open-access youth work



42

young people supported through group work by our Wellbeing Service



300+

families reached yearly through our Family Work's seasonal events

YOUTH WORK

Providing safe, welcoming spaces where young people feel valued continues to be at the heart of our youth work. Across Broadclyst, Westclyst and Tithebarn our teams have seen participation continue to grow, with increasing numbers of young people choosing to spend time within positive, supportive environments where they can build friendships, develop confidence and learn new skills.

Over the course of the year we engaged with 170 young people and were delighted to see four regular attendees progress into volunteer helper roles, demonstrating the positive impact these projects can have in developing future leaders within their own communities.



The team also welcomed Graham, whose extensive youth work experience has brought fresh ideas and strengthened our provision as demand for the project continues to increase.

YOUTH WORK

“ — One of the parents from Broadclyst said:

“Youth club has given my daughter a real sense of independence but in a much safer way. She enjoys a great deal of freedom but under the watchful eye of people who care. The activities that she takes part in are very wholesome and she comes home full of energy and stories about all of the things they have been doing. She is absolutely thriving both at home and at school and I believe that finding Broadclyst Youth Club had a real role to play in that.”

Westclyst youth club has now moved into the local primary school on a regular basis. The club continues to attract growing numbers of young people each week.

“ — A Westclyst parent said:

“E loves this safe environment and is learning to socialise appropriately outside school — he has AUDHD. It’s very important to him and he absolutely loves going. The activities are great too. The staff are wonderful and are a key part of helping E in his journey of growing up.”

RURAL SKILLS

Our Rural Skills programme continues to demonstrate the powerful role that nature, practical skills and therapeutic support can play in improving mental health and wellbeing.

During the year we further refined our clinically informed group interventions, combining Cognitive Behavioural Therapy (CBT) principles with blacksmithing, green woodworking and horticulture. Rather than simply expanding provision, our focus has been on strengthening quality, incorporating participant feedback, improving workbooks and ensuring each programme delivers measurable therapeutic outcomes.



A total of 42 participants completed these specialist interventions during the year, with encouraging feedback demonstrating improvements in confidence, emotional regulation and social connection.

Building on this success, we have also developed a new programme, Mind and Mood in the Woods, bringing together the strongest elements of our Forest School and therapeutic group work. This innovative model will be introduced, extending our reach and enabling more young people to benefit from nature based wellbeing support in secondary schools from September 2026.

Alongside these developments we have continued our valued partnership with the Lighthouse Programme, delivering regular horticulture, woodworking and forging sessions for residents and supporting around 20 participants over the past year.

FAMILY MINDS & FOREST SCHOOLS

Collaboration continues to be one of YMCA Exeter's greatest strengths, and nowhere is this more evident than within the Family Minds partnership.

Working alongside a wide range of voluntary, community and statutory organisations, we are helping transform the way children, young people and families access emotional wellbeing support across Devon.

By combining each organisation's expertise, families receive more coordinated, responsive and accessible care than any single organisation could provide alone.

This year much of the partnership's focus has centred on Attendance and Wellbeing, supporting children experiencing barriers to attending school and helping schools develop creative, person-centred responses to emotionally based school avoidance.

Within this partnership YMCA Exeter delivers therapeutic Forest School programmes designed to reconnect young people with learning through outdoor experiences. Sessions are delivered on school sites, creating a gentle pathway for young people to rebuild confidence, develop relationships and gradually re-engage with education.

Feedback from schools continues to demonstrate the significant difference these interventions are making, not only in attendance but also in emotional wellbeing, self-esteem and readiness to learn.



FAMILY MINDS & FOREST SCHOOLS

“ —

Our Forest School team have been incredibly accommodating and supportive of our young people. They epitomise warmth, calm, and a child-centred approach, creating a safe, nurturing environment in which students feel comfortable and valued. Importantly, they actively involve students in shaping the sessions by eliciting their interests and identifying areas they would like to focus on — most notably, cooking. This has fostered a strong sense of ownership and engagement.

Students consistently show enthusiasm for the sessions and genuinely look forward to participating. Notably, we have seen a significant positive impact on attendance — particularly for one student who had previously struggled to attend school, even for meetings. This student now reliably attends on Thursdays and has begun to build her timetable more broadly across the school. This represents an exceptional impact.

Overall, the impact of the Forest School provision has been extremely positive, both socially and emotionally, and we are truly grateful for the difference it is making to our students.

— ” 13

CHILDREN & YOUNG PEOPLE'S WELLBEING SERVICE

Our Children and Young People's Wellbeing Service has continued to grow both in reach and quality throughout the year.

Supported by a dedicated team of four qualified practitioners alongside three trainee therapists, the service worked with 217 children and young people and accepted 181 new referrals for individual therapeutic support.

Alongside direct delivery, significant investment has been made in strengthening the future of the service. Two members of the team are progressing towards Clinical Supervisor qualifications, three new trainee practitioners joined in January 2026, and one practitioner has begun formal counselling training whilst completing placement hours within our sister charity. These developments reflect our commitment to growing our own workforce and ensuring high-quality support remains available for years to come.

This year has also seen the introduction of our new sensory room, providing a calm and adaptable environment where many young people have been able to engage more effectively with therapy.

The team has continued to expand its therapeutic offer beyond individual support. Group-based Mind and Mood programmes delivered within schools have achieved excellent outcomes, leading participating schools to commission further programmes and creating new referral pathways from additional schools and Exeter College.



CHILDREN & YOUNG PEOPLE'S WELLBEING SERVICE

One of our practitioners recently worked with a young person experiencing social anxiety that was significantly affecting her school attendance. Through Low Intensity CBT sessions, she was able to challenge her anxious thoughts about school and speak to staff about how she could be supported and is now attending all of her lessons again. Her mum told us:

“

“Our practitioner has been amazing and really listened to my daughter and myself. We both felt that our practitioner really did care and want to make a difference to my daughter’s life.”

”

Young people and their families regularly share how positively this service has shaped their lives. As one parent told us:

“

“X felt heard, safe, respected, cared for and treated equally by the practitioner. I can’t thank them enough for investing so much into our child. She has helped her gain tools to carry forward, and we have seen real growth in X. We hope this continues, and she will always remember the foundations the practitioner helped her build for her future.”

” 15

TRINITY CHURCH PARTNERSHIP

Our partnership with Trinity Church continues to demonstrate what can be achieved when churches and charities work together to serve their local community.

Throughout the year the team has supported hundreds of families across Newcourt and Clyst Heath through a growing programme of activities including toddler groups, Messy Church, holiday clubs, family fun days and the continuing development of the Begin Well antenatal programme.

These projects provide much more than activities; they create places where relationships are formed, isolation is reduced and families are connected into lasting networks of support.

To help meet increasing demand, a new member of staff joined the team during the autumn, expanding capacity and enabling the partnership to reach even more families.



This additional investment has enabled the team to pilot new initiatives including peer breastfeeding support, mentoring for families and school-based interventions at Clyst Heath School, all of which are strengthening support available during the earliest stages of family life.

LOOKING AHEAD

As we look towards the coming year, we remain excited by the opportunities ahead.

Our ambition is not simply to grow, but to deepen the impact of the services we already provide while extending support into new communities where there is clear need. Plans are already underway to expand our youth work through new partnerships with 2 local councils and community organisations, increasing opportunities for young people across Exeter and the surrounding

towns. We will also introduce Forest School programmes into additional secondary schools, building on the encouraging outcomes already achieved through our Attendance and Wellbeing work.

Within our partnership with Trinity Church, we will continue investing in early intervention services for families, while seeking opportunities to broaden the range of support available.

A key priority for the coming year will also be securing longer-term funding for our Children and Young People's Wellbeing Service. Sustaining and expanding this work will allow more children and young people to access timely therapeutic support, reducing the need for crisis intervention and improving long-term wellbeing outcomes. We also see a clear need for therapeutic intervention to families that are trapped in temporary accommodation and plan to pilot such an intervention towards the end of 2026/27.

Following a year of refining our services and strengthening our organisational sustainability, we look ahead with confidence, committed to delivering high-quality, relationship-centred support that changes lives across Devon.



THANK YOU TO OUR SUPPORTERS

Everything described within this report has been made possible through the generosity, commitment and shared vision of many people.

We are incredibly grateful to our staff, whose compassion, professionalism and dedication enable life-changing support to be delivered every day. We thank our volunteers, who give their time so freely and whose contribution enriches every part of our work.

We are thankful for our church partners, commissioners, funders and donors who continue to believe in our mission and invest in the lives of children, young people and families across Devon.

Together you are helping create communities where people experience hope, belonging and opportunities to flourish.

To every individual, organisation and supporter who has walked alongside us this year, thank you. Your partnership continues to make an extraordinary difference.



YMCA Exeter Community Projects

TRUSTEES' REPORT

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2026.

Objectives and activities

Objects and aims

Our Christian ethos is the foundation and inspiration for all that we do, and therefore our Strategic Objectives seek to be more than simply about organisational development; through them we seek to demonstrate the love of Christ to those around us and seek out, welcome, inspire, speak out and serve communities in His name.

Remain true to our values and be obedient to God's calling

This objective is the core of who we are and will shape all our existing and future work and the way we interact with our colleagues, partners and service users.

Value, develop and inspire our staff and volunteers to develop a highly skilled and motivated team

We recognise that our staff team are our greatest resource. With them empowered and operating at high capacity we will achieve more. YMCA Exeter is committed to high quality training and planning of career progression for all our staff. We will cultivate a reputation as an employer of excellence across Exeter and beyond.

Continually listen to our communities to identify needs and work together to meet them

We will ensure that communities are involved in everything we do, from needs analysis, planning new work, fundraising and delivery to create change from within.

YMCA Exeter Community Projects

Ensure our consistent financial sustainability

We are committed to ensuring our financial sustainability through first and foremost trusting in God, coupled with developing a wide range of financial models including enterprise, grants, contracts and donations.

Grow, expand and deepen our work

We will strive for excellence in all we do, ensuring all our programmes and services are delivered to the highest possible standard. We are committed to working in partnership with Churches and with other organisations that demonstrate similar values to our own.

Public benefit

All our charitable activities focus on helping young people who are exposed to a range of risks or are in some way vulnerable. The trustees have read the Charity Commission guidance on public benefit, are satisfied that these activities further our charitable purposes and clearly demonstrate that the charity is providing a benefit to the public.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

YMCA Exeter Community Projects

TRUSTEES' REPORT

Income is generated through several different channels. Restricted funding for specific projects is received from grants and service delivery contracts. Unrestricted funding, which is critical for covering core operating costs, comes through general donations from individuals, churches, organisations and fundraising activities.

Total income in the financial year has decreased by £90,704 compared to the previous financial year. Total expenditure has increased by £15,047. The financial performance for the year is a net deficit of £44,802.

Financial review

Policy on reserves

The trustees aim to hold reserves consisting of the following amounts:

- £31,240 for ongoing maintenance of the building.
- £10,000 for set-up costs in new project developments.

In addition, the trustees aim to hold 2 months of overall expenditure in reserve to allow for the peaks and troughs of funding timing. Based on 2026/27 budgets, this is approximately £114,500.

The total amount of reserves the trustees would like to hold is therefore £155,740.

At the year end, net assets were £188,407 of which £43,766 were tangible fixed assets giving net current assets of £144,642 of this £39,989 was held as restricted funds, leaving free reserves of £104,653. This is below the reserves policy by £51,087. The trustees hope to increase the reserves through budgeted surpluses over the next few years.

Investment policy and objectives

The Charity has set aside a designated reserve to meet future expenditure on buildings. The Charity has no other reserves for investment as income is used as working capital.

YMCA Exeter Community Projects

TRUSTEES' REPORT

Financial review

Aims and key objectives for future periods

The trustees together with the executive team are developing a new strategic plan for the coming 5 years which will be influenced by key societal concerns and issues effecting Exeter. In the coming year we will continue to deliver our current projects whilst striving to improve on outcomes and long-term impact for the people we serve.

Trustees and Officers

The trustees and officers serving during the year and since the year end were as follows:

TRUSTEES:

William McDermid

Paul Lambdin

Lucy Herring

Tom Morrish

Emma White

Louise Glanville

Dr Jonathan Snicker

Benjamin Fenton

Nicola Buckley

Alistair Whitmoor-Pryer (appointed 18 May 2026)

David Martin (appointed 18 May 2026)

Jean Claude Njabou Katte (resigned 5 January 2026)

CHAIR

Louise Glanville

YMCA Exeter Community Projects

TRUSTEES' REPORT

Structure, governance and management

Organisational structure

The association is an incorporated registered charity (number 1162431). The governance of the Association is conducted in accordance with the Constitution registered with the Charity Commission. The business of the Association is managed by the Board, which may include co-opted members, who may not exceed five in number or one third of the membership of the Board.

The Charity has a Board of up to a maximum of twelve members who meet regularly. They are responsible for the strategic direction and policy of the Charity. One third of the number of members of the Board or three members (whichever is the greater), need to attend each meeting to form a quorum. At 31 March 2026, the board comprised of nine members.

The Board seeks to ensure that members have a range of skills covering business management areas, together with those with experience of working with our primary client groups. In the event of particular skills being lacking or lost due to retirement from the Board, individuals with similar skills are sought as replacements.

All members of the Board give their time voluntarily and receive no benefits from the Charity.

Leadership

Since 2017 we have had a joint leadership model to foster accountability and mutual support in what can often be an isolating role. Our joint CEOs strive to deliver a better, stronger and more effective service for our beneficiaries, our staff and our volunteers.

YMCA Exeter Community Projects

TRUSTEES' REPORT

Risk Management

The Board has conducted a review of the major risks to which the Charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the Charity faces.

Internal control risks are minimised by the implementation of procedures for authorisation of transactions and projects. Budgets are produced prior to the commencement of the year to establish the level of funding required and applications are made to cover this expenditure. The majority of the expenditure is planned in advance to ensure that it does not exceed the annual income. If funds are not forthcoming, then the work of the Charity is curtailed.

Management accounts are prepared quarterly and these are compared with the budget to ensure the Charity can maintain its activities. These are presented to the Board who review past performance and plan for the future. None of the projects charge clients for the services supplied, so the Charity is dependent upon a range of funding streams to cover our costs each year. Procedures are in place to ensure compliance with health and safety of staff, service users and visitors to the premises and regular reports are made to the Board. These procedures are periodically reviewed to ensure that they continue to meet the needs of the Charity.

Statement of trustees' responsibilities

The trustees (who are also the directors of YMCA Exeter Community Projects for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

YMCA Exeter Community Projects

TRUSTEES' REPORT

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

YMCA Exeter Community Projects

TRUSTEES' REPORT

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. The annual report was approved by the trustees of the charity on 21st September 2026. and signed on its behalf by:



.....
Louise Glanville
Chair and trustee



.....
David Martin
Trustee

YMCA Exeter Community Projects

TRUSTEES' REPORT

Independent Examiner's Report to the trustees of YMCA Exeter Community Projects ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

YMCA Exeter Community Projects

TRUSTEES' REPORT

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of YMCA Exeter Community Projects as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Robyn Gifford-England
the Institute of Chartered Accountants in England and Wales (ICAEW)

Timberly
South Street
Axminster
Devon
EX13 5AD

Date: 25/09/2026

YMCA Exeter Community Projects

TRUSTEES' REPORT

Statement of Financial Activities for the Year Ended 31 March 2026 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2026 £	Total 2025 £
Income and Endowments from:					
Donations and legacies	3	29,724	39,769	69,493	202,682
Charitable activities	4	27,574	420,891	448,465	376,745
Other trading activities	5	-	-	-	22,794
Investment income	6	168	-	168	213
Other income	7	60,882	-	60,882	67,278
Total income		118,348	460,660	579,008	669,712
Expenditure on:					
Raising funds	8	(87,467)	-	(87,467)	(80,644)
Charitable activities	9	(57,462)	(478,881)	(536,343)	(528,119)
Total expenditure		(144,929)	(478,881)	(623,810)	(608,763)
Net (expenditure)/income		(26,581)	(18,221)	(44,802)	60,949
Transfers between funds		(9,370)	9,370	-	-
Net movement in funds		(35,951)	(8,851)	(44,802)	60,949
Reconciliation of funds					
Total funds brought forward		184,369	48,840	233,209	172,260
Total funds carried forward 18		148,418	39,989	188,407	233,209

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2025 is shown in note 18.

YMCA Exeter Community Projects

TRUSTEES' REPORT

(Registration number: 09437425)
Balance Sheet as at 31 March 2026

	Note	2026 £	2025 £
Fixed assets			
Tangible assets	14	43,766	44,465
Current assets			
Debtors	15	96,849	73,151
Cash at bank and in hand		136,475	121,077
		<u>233,324</u>	<u>194,228</u>
Creditors: Amounts falling due within one year	16	<u>(88,683)</u>	<u>(5,484)</u>
Net current assets		<u>144,641</u>	<u>188,744</u>
Net assets		<u>188,407</u>	<u>233,209</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		39,989	48,840
Unrestricted income funds			
Unrestricted funds		<u>148,418</u>	<u>184,369</u>
Total funds	18	<u>188,407</u>	<u>233,209</u>

YMCA Exeter Community Projects

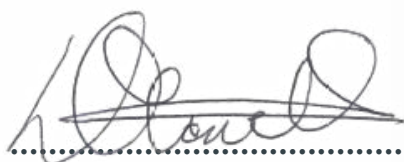
TRUSTEES' REPORT

For the financial year ending 31 March 2026 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 29 to 55 were approved by the trustees, and authorised for issue on 21st September 2026 and signed on their behalf by:



Louise Glanville
Chair and trustee



David Martin
Trustee

YMCA Exeter Community Projects

TRUSTEES' REPORT

Statement of Cash Flows for the Year Ended 31 March 2026

	Note	2026 £	2025 £
Cash flows from operating activities			
Net cash (expenditure)/income		(44,802)	60,949
Adjustments to cash flows from non-cash items			
Depreciation	14	5,430	6,848
Investment income	6	(168)	(213)
		<u>(39,540)</u>	<u>67,584</u>
Working capital adjustments			
Increase in debtors	15	(23,698)	(25,028)
Increase in creditors	16	53,475	347
Increase in deferred income		<u>29,724</u>	<u>-</u>
Net cash flows from operating activities		<u>19,961</u>	<u>42,903</u>
Cash flows from investing activities			
Interest receivable and similar income	6	168	213
Purchase of tangible fixed assets	14	<u>(4,731)</u>	<u>-</u>
Net cash flows from investing activities		<u>(4,563)</u>	<u>213</u>
Net increase in cash and cash equivalents		15,398	43,116
Cash and cash equivalents <u>at 1 April</u>		<u>121,077</u>	<u>77,961</u>
Cash and cash equivalents <u>at 31 March</u>		<u><u>136,475</u></u>	<u><u>121,077</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 31 March 2026

1. Charity status

The charity is a public benefit entity and a private company limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

39-41 St David's Hill

Exeter

Devon

EX4 4DA

2. Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Notes to the Financial Statements for the Year Ended 31 March 2026

Basis of preparation

YMCA Exeter Community Projects meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All incoming resources are included in the statement of financial activities when entitlement has passed to the Charity; it is probable that the economic benefits associated with the transaction will flow to the Charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

Donations, legacies and grants

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Legacy income is recognised when receipt is provable and entitlement is established.

Notes to the Financial Statements for the Year Ended 31 March 2026

Donated goods and services

Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

Income from contracts

Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

Raising funds

Expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.

Charitable activities

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

Notes to the Financial Statements for the Year Ended 31 March 2026

Other expenditure

Other expenditure includes all expenditure that is neither related to raising funds for the Charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shares costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Tangible fixed assets are initially recorded at cost, less any accumulated depreciation and impairment losses.

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset Class	Depreciation method and rate
Freehold property	2% straight line
Furniture and equipment	Straight line over 5 years
Computer equipment	Straight line over 3 years

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted funds are available for use at the discretion of the trustees to further any of the Charity's purposes.

Operating reserves are unrestricted cash or working capital. The charity aims to hold unrestricted cash reserves of two months budgeted expenditure.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes : restricted income funds or endowment funds.

Pensions and other post retirement obligations

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Notes to the Financial Statements for the Year Ended 31 March 2026

Pension costs

Pension costs for the defined contribution scheme are charged against income as they are due.

Financial instruments

Recognition and measurement

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

3. Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2026 £
Donations	15,679	1,869	17,548
Gift aid reclaimed	1,525	100	1,625
Grants, including capital grants;	12,520	37,800	50,320
	29,724	39,769	69,493

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Donations	61,054	61,668	122,722
Gift aid reclaimed	12,875	12,535	25,410
Grants, including capital grants;	-	54,550	54,550
	73,929	128,753	202,682

4. Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2026 £
Project Delivery Contracts	-	291,191	291,191
Volunteer coordination and support	27,574	129,700	157,274
	27,574	420,891	448,465

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Project Delivery Contracts	11,520	270,225	281,745
Volunteer coordination and support	45,000	50,000	95,000
	56,520	320,225	376,745

Notes to the Financial Statements for the Year Ended 31 March 2026

5. Income from other trading activities

	Total 2026 £
	-
Restricted funds £	Total 2025 £
Events income; Fundraising events	
22,794	22,794
22,794	22,794

6. Investment income

	Unrestricted funds General £	Total 2026 £
Interest receivable and similar income;	168	168
	168	168
	Unrestricted funds General £	Total 2025 £
Interest receivable and similar income;	213	213
	213	213

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

7. Other Income

	Unrestricted funds General £	Total 2026 £	Total 2025 £
Office Rental - City of Exeter Y.M.C.A.	21,736	21,736	20,608
Lease Rental - City of Exeter Y.M.C.A.	5	5	5
Centre Management - YMCA Centres (South Molton)	39,141	39,141	46,665
	<u>60,882</u>	<u>60,882</u>	<u>67,278</u>

8. Expenditure on raising funds

Costs of generating donations and legacies

	Note	Unrestricted funds General £	Restricted funds £	Total 2026 £
Fundraising costs		4,121	-	4,121
Wages & salaries		65,094	-	65,094
Employer's NIC		11,637	-	11,637
Pension costs		6,615	-	6,615
		<u>87,467</u>	<u>-</u>	<u>87,467</u>

	Note	Unrestricted funds General £	Restricted funds £	Total 2025 £
Fundraising costs		2,216	1,465	3,681
Wages & salaries		66,536	-	66,536
Employer's NIC		5,766	-	5,766
Pension costs		4,661	-	4,661
		<u>79,179</u>	<u>1,465</u>	<u>80,644</u>

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

9. Expenditure on charitable activities.

	Core	Therapeutic Horticulture & Volunteers	Youth & Mental Health Family	& Wellbeing	Family Minds	2026
	£	£	£	£	£	£
Staff costs	34,998	48,193	67,453	249,691	11,374	412,980
User costs	1,084	4,328	4,015	2,383	3,296	15,107
Office costs	944	769	1,941	9,271	-	12,925
Operations	10,119	1,320	939	17,053	105	29,537
Premises	514	1,998	-	131	-	2,643
Utilities	5,932	-	-	-	-	5,932
Governance	4,179	-	-	-	-	4,179
Depreciation	2,708	2,031	-	691	-	5,430
Management & admin	11,548	5,461	6,241	18,654	1,379	43,283
Fundraising & Publicity	1,156	546	623	1,865	138	4,328
	<u>74,451</u>	<u>64,647</u>	<u>81,212</u>	<u>299,740</u>	<u>16,292</u>	<u>536,343</u>
Unrestricted Funds	57,462	-	-	-	-	57,462
Restricted Funds	16,989	64,647	81,212	299,740	16,292	478,881
	<u>74,451</u>	<u>64,647</u>	<u>81,212</u>	<u>299,740</u>	<u>16,292</u>	<u>536,343</u>

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

9. Expenditure on charitable activities.

	Therapeutic Horticulture Core & Volunteers £	£	Youth & Mental Health Family & Wellbeing £	£	Family Minds £	2025 £
Staff costs	45,240	44,813	69,402	210,630	5,998	376,083
User costs	654	6,310	2,116	815	32,262	42,157
Office costs	1,266	1,395	1,967	6,865	-	11,493
Operations	7,294	759	434	15,652	-	24,139
Premises	617	240	-	-	-	857
Utilities	6,807	300	300	600	-	8,007
Governance	4,430	-	-	-	-	4,430
Depreciation	4,129	2,029	281	410	-	6,849
Management & admin	11,319	6,375	9,517	23,368	-	50,579
Fundraising & Publicity	914	443	542	1,626	-	3,525
	82,669	62,665	84,559	259,965	38,260	528,119
Unrestricted Funds	82,669	-	-	-	-	82,669
Restricted Funds	-	62,665	84,559	259,965	38,260	445,450
	82,669	62,665	84,559	259,965	38,260	528,119

Notes to the Financial Statements for the Year Ended 31 March 2026

10. Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2026 £	2025 £
Depreciation of fixed assets	5,430	6,849

11. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year (2025: Nil).

12. Staff costs

The aggregate payroll costs were as follows:

	2026 £	2025 £
Staff costs during the year were:		
Wages and salaries	402,369	376,549
Social security costs	34,909	20,426
Pension costs	25,862	24,313
	<u>463,140</u>	<u>421,288</u>

Notes to the Financial Statements for the Year Ended 31 March 2026

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2026 No	2025 No
The average head count of employees during the year	20	20

No employee received emoluments of more than £60,000 during the year.

The total remuneration for the key management personnel of the charity was £95,438 (2025 - £75,074). Employer's national insurance on this amounted to £11,752 (2025: £8,778), and employer's pension contributions amounted to £6,681 (2025: £5,747).

13. Independent examiner's remuneration

	2026 £	2025 £
Fees payable to the independent examiner for: Independent examination of the financial statements	4,000	3,725

Notes to the Financial Statements for the Year Ended 31 March 2026

14. Tangible fixed assets

	Land and buildings £	Core Furniture and equipment £	Horticulture furniture and equipment £	Core Computer equipment £	Total £
Cost					
<u>At 1 April 2025</u>	106,541	11,326	9,474	8,797	136,138
Additions	-	1,725	-	3,006	4,731
<u>At 31 March 2026</u>	106,541	13,051	9,474	11,803	140,869
Depreciation					
<u>At 1 April 2025</u>	68,186	9,467	6,194	7,826	91,673
Charge for the year	2,131	846	1,897	556	5,430
<u>At 31 March 2026</u>	70,317	10,313	8,091	8,382	97,103
Net book value					
<u>At 31 March 2026</u>	36,224	2,738	1,383	3,421	43,766
<u>At 31 March 2025</u>	38,355	1,859	3,280	971	44,465

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

15. Debtors

	2026 £	2025 £
Owed by connected organisations - YMCA Centres (South Molton)	13,012	11,275
Owed by connected organisations - City of Exeter YMCA	8,304	29,748
Prepayments	53,102	1,137
Accrued income	850	16,802
Other debtors	21,581	14,189
	<u>96,849</u>	<u>73,151</u>

16. Creditors: amounts falling due within one year

	2026 £	2025 £
Trade creditors	52,289	395
Accruals	6,670	5,089
Deferred income	29,724	-
	<u>88,683</u>	<u>5,484</u>

	2026 £	2025 £
Deferred income <u>at</u> 1 April	-	-
Deferred in the year	29,724	-
Deferred income <u>at</u> 31 March	<u>29,724</u>	<u>-</u>

Deferred income is the partial amount of an annual invoice billed to a partner organisation for services rendered.

17. Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £25,862 (2025 - £23,368).

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

18. Funds

	Balance at 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2026 £
Unrestricted funds					
<i>General</i>					
General Funds	153,029	118,348	(144,929)	(9,370)	117,078
Property reserve	31,340	-	-	-	31,340
	<u>184,369</u>	<u>118,348</u>	<u>(144,929)</u>	<u>(9,370)</u>	<u>148,418</u>

	Balance at 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2026 £
Restricted funds					
General funds	-	16,990	(16,990)	-	-
Horticulture Project	12,085	45,900	(50,381)	-	7,604
Volunteer Programme	1,512	12,000	(11,407)	-	2,105
Youthwork - Broadclyst	4,912	53,584	(51,232)	-	7,264
Ten: 10 Volunteers	-	4,000	(2,232)	(1,768)	-
Family work - Exwick	5,842	7,652	(10,163)	(3,331)	-
Wellbeing practitioners - Uni of Exeter	14,818	269,903	(299,190)	14,469	-
Trinity Church - Family Work	3,763	22,631	(21,087)	-	5,307
Family Minds	5,908	28,000	(16,199)	-	17,709
	<u>48,840</u>	<u>460,660</u>	<u>(478,881)</u>	<u>9,370</u>	<u>39,989</u>
Total funds	<u>233,209</u>	<u>579,008</u>	<u>(623,810)</u>	<u>-</u>	<u>188,407</u>

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General					
General Funds	118,937	197,940	(161,848)	(2,000)	153,029
Property reserve	29,340	-	-	2,000	31,340
	<u>148,277</u>	<u>197,940</u>	<u>(161,848)</u>	<u>-</u>	<u>184,369</u>
Restricted funds					
Horticulture Project	13,905	45,822	(47,642)	-	12,085
Volunteer Programme	-	14,000	(12,488)	-	1,512
Youthwork - Broadclyst	1,822	47,555	(44,465)	-	4,912
Ten: 10 Volunteers	-	4,000	(4,000)	-	-
Family work Exwick	4,449	25,500	(24,107)	-	5,842
Wellbeing practitioners - Uni of Exeter	-	274,783	(259,965)	-	14,818
Trinity Church - Family Work	3,807	15,943	(15,987)	-	3,763
Family Minds	-	44,169	(38,261)	-	5,908
	<u>23,983</u>	<u>471,772</u>	<u>(446,915)</u>	<u>-</u>	<u>48,840</u>
Total funds	<u>172,260</u>	<u>669,712</u>	<u>(608,763)</u>	<u>-</u>	<u>233,209</u>

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

The specific purposes for which the funds are to be applied are as follows:

The Horticulture Project delivers therapeutic horticulture intervention and mentoring support to young people in the community.

The Volunteer Programme recruits and trains volunteers who then assist on our various projects. It is also responsible for our International Volunteer Programme called TEN : 10.

Youthwork, Children Services and Family Work run in Broadclyst (commissioned by Broadclyst Parish Church), Exwick (in partnership with Exwick Community Church) and Digby and Newcourt (in partnership with Trinity Church).

Wellbeing Practitioners (CWP) is a clinical focused intervention for children and young people aged 5 – 18 years with common mental health difficulties, particularly mild to moderate symptoms of anxiety, depression and behavioural difficulties.

Notes to the Financial Statements for the Year Ended 31 March 2026

19. Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2026 £
Tangible fixed assets	42,383	1,383	43,766
Current assets	162,413	70,911	233,324
Current liabilities	(56,378)	(32,305)	(88,683)
Total net assets	148,418	39,989	188,407
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2025 £
Tangible fixed assets	41,185	3,280	44,465
Current assets	148,365	45,863	194,228
Current liabilities	(5,181)	(303)	(5,484)
Total net assets	184,369	48,840	233,209

Notes to the Financial Statements for the Year Ended 31 March 2026

20. Analysis of net funds

	At 1 April 2025 £	Financing cash flows £	At 31 March 2026 £
Cash at bank and in hand	121,077	15,398	136,475
Net cash/ (debt)	121,077	15,398	136,475
	At 1 April 2024 £	Financing cash flows £	At 31 March 2025 £
Cash at bank and in hand	77,961	43,115	121,076
Net cash/ (debt)	77,961	43,115	121,076

Notes to the Financial Statements for the Year Ended 31 March 2026

21. Related party transactions

City of Exeter YMCA Housing Association is a company limited by guarantee, and is registered in England under the Companies Act 2006, number 2449636 and a registered charity, number 803226. City of Exeter YMCA is registered with the Regulator of Social Housing as a registered provider of social housing, number H3905. YMCA Centres (South Molton) is an incorporated registered charity and company limited by guarantee. The trustees of City of Exeter YMCA, YMCA Exeter Community Projects and YMCA Centres (South Molton) are the same individuals.

Day to day responsibility for the management of the three organisations rests with the Joint Executive Leads of City of Exeter YMCA Housing Association and YMCA Exeter Community Projects supported by the senior management team under a service level agreement between the respective organisations.

During the year the charity made payments to and received payments from City of Exeter YMCA Housing Association and YMCA Centres (South Molton) for shared costs and services provided. These have been charged at cost, without allowing any discounts due to the connected nature of their relationship.

The Charity charges City of Exeter YMCA for the work carried out by the Joint Chief Executive Officer, volunteer coordinator, international volunteers and staff running the Horticulture Project. In addition, the Charity charges rental of office space and room. The total charges for the year amount to £209,937 (2025: £115,608). The Charity invoices YMCA Centres (South Molton) centre management fee for the running of the Centre, £39,176 (2025: £46,665).

YMCA Exeter Community Projects

Notes to the Financial Statements for the Year Ended 31 March 2026

The Charity is being charged by City of Exeter YMCA for services provided; cleaning, management and administration, publicity and marketing, resources and communications support and staff supporting the Charity's project. Other charges include office expenses and provision of accommodation for international volunteers. The charge for the year is £67,798 (2025: £63,977). The amount charged is at cost.

During the year, City of Exeter YMCA donated £30,922 (2025: £3,333) to YMCA Exeter Community Projects for development work carried out in East Devon which can be utilised by the charity in line with the restriction imposed.

At the end of the year £8,304 (2025: £29,748) was owed by the City of Exeter YMCA. An amount of £13,012 (2025: £11,275) was owed from YMCA Centres (South Molton) for funds received on its behalf.

YMCA Exeter
39/41 St Davids Hill
Exeter
Devon
EX4 4DA

Registered Company No: 02449636



Here for young people
Here for communities
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.