

YMCA EXETER



Here for young people
Here for communities
Here for you



VOLUNTEER AT YMCA EXETER

*"Start where you are.
Use what you have.
Do what you can"*
- Arthur Ashe



Here for young people
Here for communities
Here for you

"We make a living out of
what we get, but we
make a life out of what
we give"
- Winston Churchill



Welcome to YMCA Exeter and thank you for your interest in volunteering with us!

Our mission and ethos

As a local YMCA and member of the national and international YMCA movement, we create supportive, inclusive and energising communities where all young people can truly belong, contribute and thrive.

We are passionate about local communities being places that are characterised by love, joy, peace and hope where all young people can become everything they were created to be.

We believe everyone can experience fullness of life in body, mind and spirit and all our support is orientated around meeting young people's physical, psychological and spiritual needs, including:

- Finding and maintaining accommodation
- Addressing addictions
- Emotional and mental health
- Employment, education and training
- Social networks and interpersonal skills
- Faith and culture
- Purpose, motivation and identity
- Contributing to society



Here for young people
Here for communities
Here for you

"The meaning of life is to
find your gift.
The purpose of life is to
give it away"
- William Shakespeare



Volunteer with us!

Volunteering at YMCA Exeter can be a transformational time of learning new skills, developing confidence and experience in new situations, and getting involved in your local community. Volunteers become part of the YMCA Exeter team either by supporting our residents, or in one of our community projects.

At YMCA Exeter, our volunteer team is an essential part of our charity and makes our high-quality service provision possible. Volunteering with us means you will be at the heart of our transformational work, inspiring young people to thrive and reach their potential.

We are continually welcoming new volunteers in areas such as:

- Housing Support
- Lighthouse Café project
- Mentoring in our Lighthouse Training Programme
- Youth Club provision
- Community friendship groups
- Maintenance & Facilities team
- Fundraising and Events

Each volunteer receives full training and support as well as an enhanced volunteer DBS certificate, should their role require it. Each volunteer also has the opportunity for a one-to-one with our Volunteer Coordinator to look at learning goals and outcomes, as well as pastoral input.



Meet some of our volunteers

Here for young people
Here for communities
Here for you



*Our Cake Baking Volunteers:
Every week we receive a
homemade cake for any new
residents moving in, or the cake
is shared among our
stage 1 residents.*



*Ian is a long-service
volunteer:
6 years and counting in our
facilities team*

*Alongside his
professional studies,
Duncan volunteers his
time to support
our housing team.*



Our volunteers help support over 400 children and young people, creating opportunities for them to belong, contribute and thrive within their communities.



Here for young people
Here for communities
Here for you



Join the team as a YMCA Exeter Fundraising Volunteer!

We are recruiting a team of Fundraising Volunteers who can support with our exciting events across the city, including sponsored Sleep Outs, The Great West Run, Christmas Gift Boxes, Bake Sales and much more!

We are always open to the creativity of volunteers and will support you to run your own unique fundraising events too! We will provide training and resources to help you make this a reality. We would love to hear from you!

These volunteer positions would be well suited to anyone looking for experience in event organisation/fundraising, or just looking to make a difference in the lives of young people on a more flexible, creative and ad-hoc basis!

To get involved contact laura.farrar@ymcaexeter.org.uk



Here for young people
Here for communities
Here for you

The Volunteer Process:



- Initial meeting with Volunteer Coordinator
- Complete volunteer application form
- Supply two references (from someone who knows you well)
- Apply for an Enhanced DBS (through us at no cost)
- Arrange a taster session with project leader
- Complete 2 online training courses in Safeguarding and Professional Boundaries
- Sign volunteer agreement
- Discuss current Covid-19 arrangements and complete our 'safe practice' covid form.



Here for young people
Here for communities
Here for you



"Volunteering to help within your community is not just about giving something back, it also benefits you in many ways. This is something I've come to realise in the short time since volunteering at YMCA Exeter. There is a positive energy about the place, a warmth and genuine feeling of everyone working together. The residents and the lovely team working at St David's Hill have made me feel welcome and appreciated. My aim in contacting YMCA was to offer help in some capacity. I now feel a sense of pride, playing a small part in an organisation that does so much good helping young people develop their potential."

Lorraine - Lighthouse Cafe and mentoring volunteer

Contact: Sue Wilson

For any queries relating to volunteer opportunities at YMCA Exeter, call us on 01392 410530 or email sue.wilson@ymcaexeter.org.uk to arrange a chat.





Here for young people
Here for communities
Here for you

"Ain't nothin' to it
but to do it!"
-Maya Angelou



How can I become a volunteer?

If you would like to join our waiting list and register your interest in volunteering with us, we will contact you when new opportunities arise. Please complete the short form below so we can keep in touch.

Your name

Email address

Phone number

Please can you say a little bit about yourself and the type of volunteering you are interested in

It would also be helpful to know your availability;
our volunteering roles tend to be 1.5-3 hours long and fall
between the hours 9.30- 7pm Mon to Friday.

Please add me to the YMCA Exeter monthly e-newsletter

Yes please ☐ No thank you ☐